

Akita Rehabilitation and Training Center for Persons with Disabilities

1. Outline of the Center

- (1) Founding Organization: Akita Prefecture
- (2) Management: Akita Prefecture Social Welfare Services Corporation
- (3) Number of Users
Residential: 74 persons; non-residential: 7 persons, short-stay: 2 persons
- (4) Staff Members
1 Director, 19 assistants, 2 part-time physicians, 1 nurse, 1 physical therapist, 1 occupational therapist, 1 nutritionist, 3 others, a total of 29 staff members

The Objectives of the Center

Akita Rehabilitation and Training Center for Persons with Disabilities offers the following assistance to provide vocational training, daily living skill training and a variety of other rehabilitation services to help those with physical disabilities recover the abilities needed to participate in society.

- (1) Assistance is provided aimed at improving the physical functions that were impaired due to illness, accident, or other circumstances.
- (2) Assistance is provided to help recuperate movements needed in daily life to maintain social self-reliance.
- (3) The objective is to help persons with physical disabilities reintegrate into society in accordance with individual goals such as returning home or being employed.

Daily Schedule

Wake up	Breakfast	Morning meeting	Training	Lunch	Training	Medical processing, etc.	Dinner	Free time	Bedtime/ lights out
6 : 30	7 : 30	9 : 00	10 : 00	12 : 00	13 : 00	15 : 00	18 : 00	19 : 00	22 : 00
					Bathing (bathing assistance)			Bathing	Go to bed

Functional training and Physical Therapy

Functional training and physical therapy that correspond to the degree of disability sustained through illness or injury are carried out in conjunction with

appropriate health management aimed at achieving stable daily life activities and improving intact motor functions. The physical therapist will create an individualized training program for each user according to the physician's prescribed training regimen, to help recover physical functions through individual and group training sessions, and training through swimming and other activities.

Work and Vocational Training, Employment Support, and Occupational Therapy

The purpose of work and vocational training is to help persons with disabilities recover a variety of bodily movements and to promote a sense of self-reliance. Training is carried out to help one master the necessary skills and actions to find general and welfare-related employment.

- (1) Word processing and the general use of the personal computer
- (2) Arts and crafts
- (3) Assembly of light electrical parts
- (4) Fruit caps
- (5) Work with waste cloth
- (6) Light work duties.

Work training based on a physician's training regimen are supported to resolve the problems that confront users of the center in earning a livelihood and are split into two groups:

- (1) Individual training
- (2) Group training

Social Adaptation Training

A variety of trainings are supported to enable users to adapt to social and family life and to enhance their sense of self-reliance in their daily lives, which is an important element in rehabilitation:

- (1) Training in personal care
- (2) Training in daily livingl at home
- (3) Training in social life skill
- (4) Studying, attending lecture and club activities

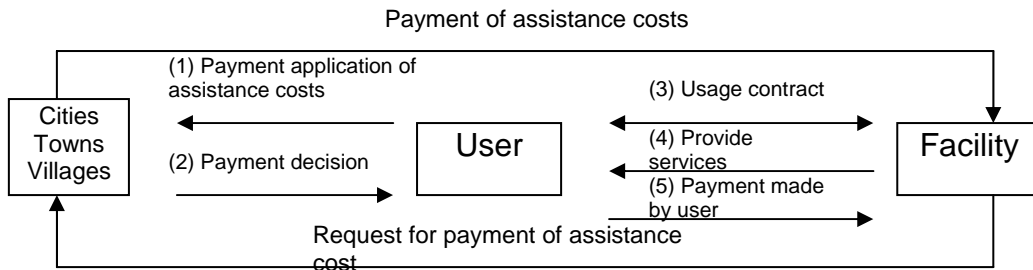
Health and Health Care

Those who utilize the center are health management conscious due to regular health examinations given by the facility's part-time physicians. Nurses are always available to provide counseling and assistance about health and illness problems. Assistance is also provided for those who need to visit medical facilities regularly.

Meals

The meal plans are prepared by nutritionists who take into consideration individual nutritional needs for a balanced diet as well as food preferences and a variety of different foods are served. Additionally, advice and guidance about eating habits are also given.

Administrative Procedure



Persons Qualified to Use the Center

Persons over the age of 18 years who have been issued 'Certificate of Persons with Physical Disability' are eligible to use the center.

June 22, 2006

1. Certificate of Persons with Physical Disabilities According to Grade and Disability

April 1, 2006 to the present

Disability Grade	Cerebro-vascular	Spinal cord, cervical spine injuries	Nerve, muscle disorder	Amputation, deformity	Cerebral paralysis	Head injuries	Internal disability	Visual impairment	Hearing impairment	Others	Total
Grade 1	25(1)	2(1)				1					28(2)
Grade 2	15(1)	2	1		1	2				1	22(1)
Grade 3	3	2		1	1(1)	1					8(1)
Grade 4	2		1		1						4
Grade 5	2		1							2	5
Grade 6	4										4
Total	51(2)	6(1)	3	1	3(1)	4				3	71(4)

Note: The figures in the () indicate day users

2. Users of the Center According to Age and Disability

April 1, 2006 to the present

Disability Age	Cerebro-vascular	Spinal cord, cervical spine injuries	Nerve, muscle disorder	Amputation, deformity	Cerebral paralysis	Head injuries	Internal disability	Visual impairment	Hearing impairment	Others	Total
Teens										1	1
Twenties		1(1)			1					1	3(1)
Thirties	2		1		1(1)	2					5(1)
Forties	11	3	1			1					16
Fifties	30(1)	2	1		1					1	35(1)
Sixties	8(1)			1	1	1					11(1)
Total	51(2)	6(1)	3	1	3(1)	4				3	71(4)

*Average age: 51.2 years

Note: The figures in the () indicate day users

June 22, 2006

3. Reasons for Quitting the Center According to Fiscal Year

April 1, 2006

	FY	1998		1999		2000		2001		2002		2003		2004		2005	
	Reason/ Gender	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F
Overall	Employment, self-employed							1		2						1	
	Sheltered workshop/ Workshop	11	1(1)	5	1	7 (2)	(1)	6	1	4	1	10 (1)	2	4		6	
	Vocational training school	1				1				1						1	
	Return home	61 (1)		6	2 (1)	4 (1)		6	2	5	3 (1)	3	2	6	1	5	
	Care facility	4	1(1)	4		4			1	4	1	2		2	1	5	2
	Other facility	3		4		2	2	6		7	1 (3)	3		2 (1)	1	1	1
	Medical care institution	2		2		4	1						1	1	1		
	Others	7		1		1		3		4				1			
	Subtotal	27 (1)	2 (1)	2 (2)	3 (1)	23 (3)	3 (1)	2 (2)	4	2 (7)	6 (4)	18 (1)	5	16 (1)	4	1 (9)	3
	Total	29(2)		25(1)		26(4)		26		33(4)		23(1)		20(1)		22	

Note: The figures in the () indicate day users

4. Period of Use

April 1, 2006

	Period of Use	Total
Overall	Less than six months	14
	Less than six months to one year	8(1)
	Less than one to two years	14(2)
	Less than two to three years	18
	Less than three to four years	3
	Less than four to five years	6
	Less than five to six years	2(1)
	Less than six to seven years	2
	More than seven years	4
	Total	71(4)