

# Step 4

Have a try!

Believe in your power!

**Have a try!**  
**Believe in your power!**

- ① Explanation on the role playing**
- ② Divide into groups**
- ③ Let's try the role playing**
- ④ Discussion**
- ⑤ Believe in your power and stand against abuse!**

# Let's try the role playing!

## Case 1 / Case 2 / Case 3

Divide into groups

Assign roles - decide characters

Role of an observer - *Time keeper*

Taking memo

Leader in discussion

# Discussion

What did you feel?

What kind of pressure or abuse did you notice?

Did you use empowerment?

What kind of social resources were useful?

**Next, Step 5 is:**

**Win back your rights!**