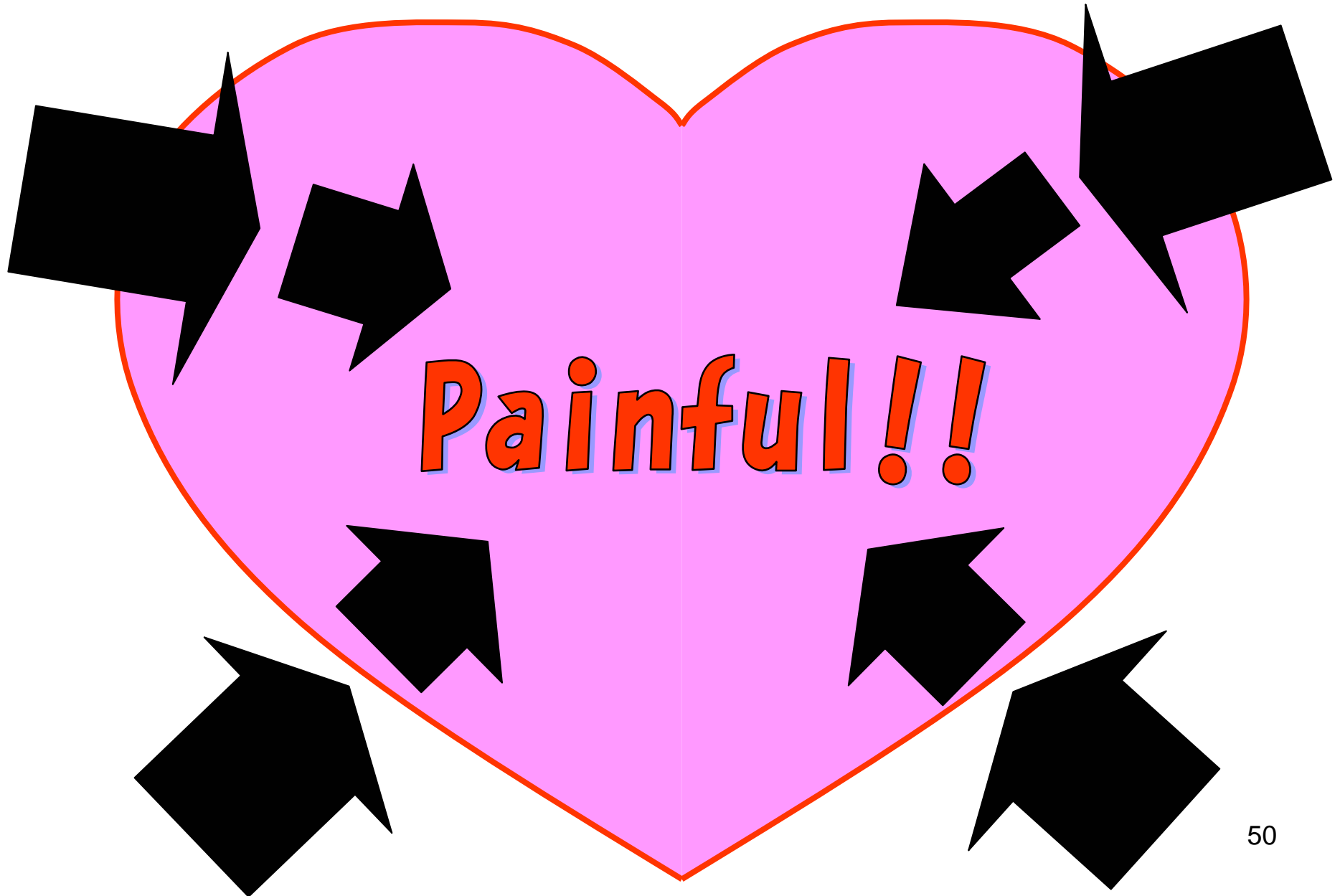


Step 3

Empower the diminished mind.

You can stand against abuse
this way!

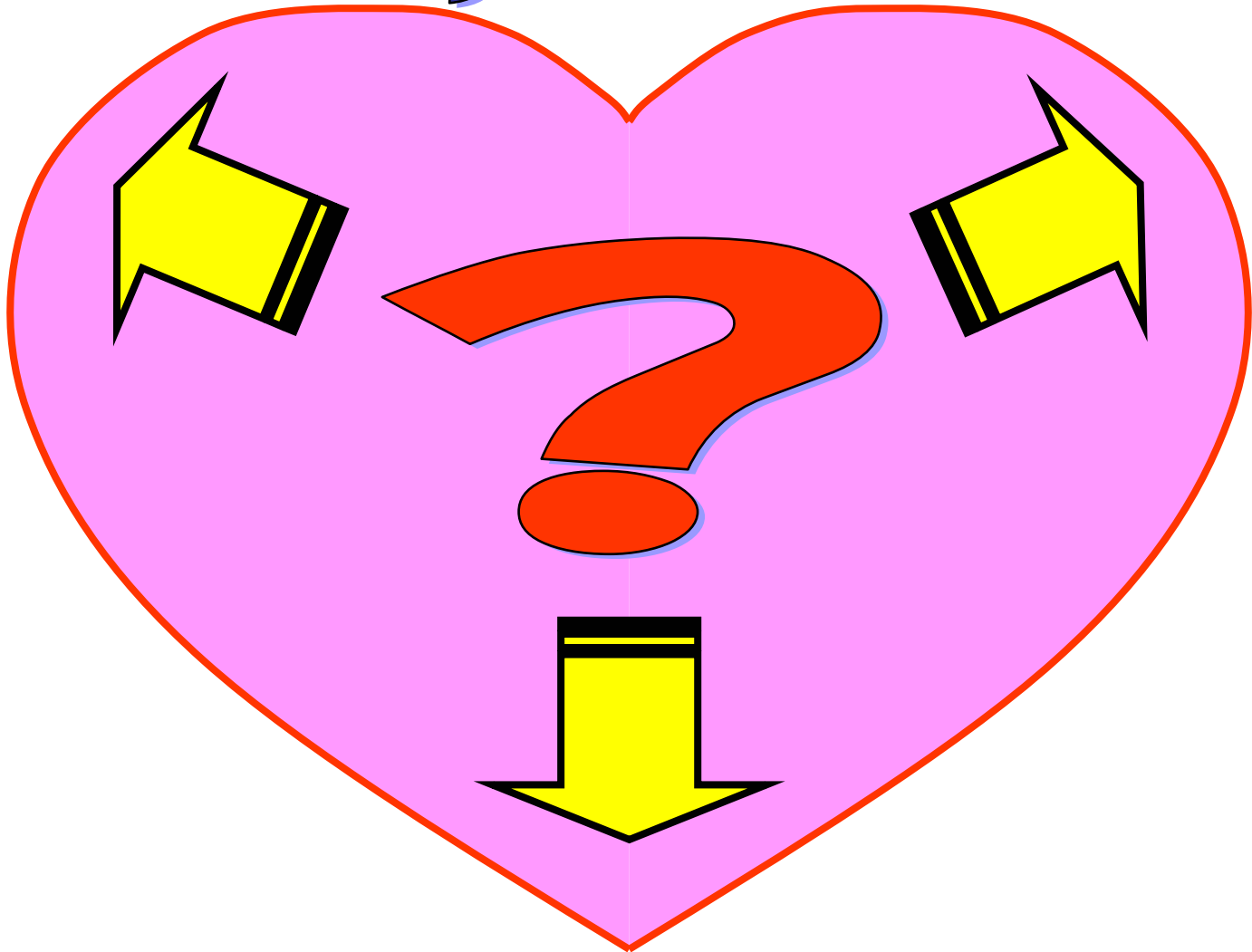
When we receive abuse



What shall we do.?



What is the power to stand against abuse?



☆ Empower the diminished mind!



Knowledge

Companions

Three Elements of Power

Courage

Knowledge ①

What is very important:

What kind of rights do we have?

What is abuse?

Knowledge ②

Learn about resources in the community ①

Places that provide service to victims

Independent Living Centers nationwide

Community Life Support Centers

XXX Rights Protection Centers

Persons with Disability Dial 110

Child Support Centers

Women's Centers

Consumer Life Centers