

# ***ACTION PLAN***

## **\*\*\* FRIENDLY SERVICE CENTER for PWDs \*\*\***



***Submitted by***

***Submitted to***

**JAPAN INTERNATIONAL COOPERATION AGENCY (JICA)**

## **1. BACKGROUND**

Lao is located in south eastern Asia, which is bordered by many countries as Burma, Cambodia, china, Thailand, Vietnam.

Laos is a land locking country that cover 236.800sqKm, The population is about 6.363.481 people, and all most of people working as farmer, According to LDPA (Lao Disabled People Association) about 7 to 10 percent (4.011.00 to 6.363.48 people) of the total population are people with disabilities (PWDs).

All most people with disabilities live with parents and some of them don't have any chance to go to school for study by themselves, because of inaccessible environment. No accessible bus, no accessible school, etc. So they easily give up their precious chances and hope to study because of those disadvantageous environments. Because luck of social awareness, parents also simply make their children lock at home. Only limited numbers of PWD, who are mild disabled, can go to school, if they can walk and move around by themselves, but no chance for wheelchair users and slightly severe disabled. Those who have education, maybe have more qualification, and skill but no job to do, because society is not prepared to accept PWD as workers. It is make them unemployed.

In my opinion, also considering my experience, our society takes the problems of people with disabilities too lightly. There fore, when someone becomes people with disabilities, they have limited or no opportunities in the community. Our problems include lack of education, lack of working skills, and difficulties to finding jobs.

**WE SHOULD HAVE SAME RIGHTS AND OPPROTUNITY in EDUCATION AND EMPLOYMENT SAME AS NON-DISABLED!**

### **PHASE 1 (First priority)**

**For those PWD, who want to continue to study, recreation, events, integrated into society, we provide Volunteer service to support their mobility.**

### **PHASE 2 (Second Priority)**

**For those PWD, who want to work?**

**They should get a vocational skill and start their work to make income.**

**We provide handcrafts skill training and give them chance to earn their income by their own skill.**

This is my motivation to make those mentioned needs realize into actual practice, and this is my aim to establish this friendly service center for young PWD to make their wish come true.

## **2. Problem Analysis for PWDs in Laos-WHY now is necessary for PWDs to have Friendly Service**

### 1. Inaccessible facility of Educational institution.

Work, sport and living, communicate are important for people disabilities same as non-disabled. Especially Education is very important for PWDs, but school environment and public transportation are very inaccessible and prevent those young PWD from attending educational facilities and all most PWDs is low education in Lao PDR. PWDs low education because, they don't have chance to go to school for study because simply building is not accessible, some of school is not accessible for them and they can't go to school by themselves.

### 2. Location of school is very far.

In many cases, school is very far from PWD homes.

PWD students need to be accompanied by family members to support their mobility. But if parents are both working and very busy, they can not ask parents, and they need someone to help them.

### 3. Lack of social skill and general social attitude toward PWD are very negative in Laos.

Some of young PWD are very shy and do not know how to communicate with the others. When they meet friends in the school, and some of PWD think education is not important for them because they feel they are treated as inferior to the others. They do not have confidence to communicate with others because simply lack of social skill. Government, Society and community also thinks that PWDs can't do anything for society because PWDs are low knowledge, If government, society, community are give the more opportunity to them, I thinks that PWD can help to develop the society like the non-disabilities people, and their Living will be happy in society.

I believe advocacy and awareness are the most important approach to solve this problem gives them to have knowledge. This friendly service center for PWDs, **we would like to enhance their opportunity to go to school for study and have a good job.**

## **3. Goals**

- Increase the chances go to school, getting a job and making the lives of the PWDs Better.
- Foster the new leaders of people with disabilities to contribute them to improve the Young PWDs to have high education by friendly service and work shop skills.
- Vocational independence
- Reduce the low number of PWDs low education and unemployed the Society by giving a chance to them shows their abilities in our society.
- Reduce the burden of families who have children PWDs in the Lao P.D.R
- Develop their feeling will be good in future and can communicate with non-disabilities people in society.

- Help them to improve their skill and show their skill in society to accept them.

#### **4. Concrete Objectives**

These proposals for Person with disabilities enhance the opportunity to go to School for studies by volunteer P.A.service.

We recruit volunteer from University, Polytech-school, and we train them to be supporter of young PWDs. Students with disabilities could go to school with support of P.A.

Friendly service means volunteer service. We train volunteers and they could work for PWD. Also for those who are not seeking for education, those PWD could gain

vocational training such as handicraft through our center.

We teach them handicrafts, such as making candles, and making greeting cards, sewing, making woody crafts. Simple but very profitable especially in foreign market. Because I was learned from Finland handicraft specialist for those hand crafts making.

Handicraft workshop can help them to have opportunity to establish self-employment business.

##### 1. Group one

For those who can go to school for studies by volunteer services to have high Education, find a good job easy by them self,

##### 2. Group two

For handicraft workshop is can develop their skill and make income to them, employed have job to do in society.

#### **5. Target Group**

Young persons with orthopedic disabilities,

Who find difficulty for mobility

Age group – 16-28

#### **6. Implementing Agency/Collaboration Partners,**

International NGO,

Laos National University,

Community People

Ministry of Health

Ministry of Labor and Social Welfare,

JICA

IT workshop,

NRC

LDPA,

**Need of project**

No	Human resource	Number of person	
1	JICA participant PWDs in Laos	3	For sharing, Seminars, Training
2	Friends PWDs	7	
3	Volunteer	5	
	Total	15	
4	Description	Day	
5	Place	1 day	
6	Running for 3 program	100 days	
7	Water, coffee, snack	1 day	
8	Material for trainings	1 day	
9	Lunch meal	1 day	
	Work shop		Handicraft workshop
10	Equipments for work shop	1year	
11	Salary for assistant 1+ staff 2	1year	
12	Salary for worker staff 10	1year	
13	Salary for Manager 1	1year	
14	Material for workshop	1year	
15	Rent place for workshop	1year	
16	Equipment office for workshop	1year	
17	Electric for workshop	1year	
18	Water for workshop	1year	
19	Running for workshop	1year	
20	Repair for workshop	1year	
21	Welfare for staff	1year	
22	Medicines	1 year	
23	Telephone	1year	
24	Miscellaneous	1year	
	Friendly service		
25	Gas for friendly service	6 month	

**7. Procedures / scope of work**

Friendly service help person with disabilities go to school for studies by motorcycle 6 month and 3 friendly services for 3 people with disabilities.

Friendly service center is has two service for person with disabilities

- 1/ friendly service by volunteer to help inaccessible transportation and building for person with disabilities
- 2/ friendly service by handicraft workshop

The budget include every things in the project, sharing, seminars, training friendly service and building workshop approximately \$ 28.080

### **Program**

#### 1. Share experience got in Japan

- Accessibilities
- Personal assistance
- work shop skill

#### 2 Seminars/Presentation

- Feasibility for management of Handicraft workshop for PWDs
- How to help PWDs in a right way
- Where to get volunteer come to help PWDs
- How to train volunteer to help PWDs

#### 3 Training

- How to make handicraft for recycle things to PWDs
- How to conduct independent living for PWDs
- How to help PWDs a right way by Motorcycle goes to school (for Volunteer)

When I'm go back to my county I will to do this

Contract with my friends PWDs (JICA participants in Laos) and discuss how to get volunteer at University.

Go to university ask the students at university who are interesting come to be volunteers to help PWDs go to school.

Survey number of PWDs can't go to school by them self from the villages in Vientiane city after than ask question from them how is way to help them easy to go to school, and give training to them how to go up on motorcycle easy.

Ask the students at the school PWDs study there, who interesting volunteer service PWDs at school area.

Register for volunteer who has motorcycle and give them to training how to help PWDs go to school aright way.

For PWDs who unemployed I will to build a workshop for them give training handicraft to them and if who has skill I will to give them to develop their skill, to show their skill on their disabilities in society see.

## **8. Timetable**

Time frames for this action plan (January 2007 – January 2009)

December 2006

- Prepare information to share
- Contact JICA participant's in Laos
- Contact friends PWDs to join
- Find places to share experience

January 2007

- Start to share experience got in Japan
- Prepare to open seminar with PWDs in Vientiane
- Seminar for sports promotion for PWD, and I will be the speaker to emphasize the importance of volunteer service to help PWDs

February 2007

- Open seminar discuss about how to get volunteer come to help PWDs, PWDs who can't go to school by them self
- Survey number of PWDs who can't go to school by them self

March 2007

- promote and accept volunteer
- Accept register PWDs need volunteer to help

April 2007

- Training volunteers how to help PWDs

May 2007

- Evaluation is problem 5 months
- Report to JICA

June – August 2007

- Finding fundraising to support friendly service for the PWDs and workshop equipments.
- Prepare the equipments to start open the Handicraft work shop for PWDs

September 2007 - February 2008

- start to help first 2-3 people with disabilities can go to school by Friendly service

## **9. Budget**

Another paper

## **10. Key point**

First to make group PWDs and non disabilities play to gather

Second give information PWDs need help from non disabilities

Third try to tell PWDs necessary to have education and independent living in society.

## **11. Evaluation**

We hold evaluation meeting with NGOs, Lao governmental official and LDPA (Laos Disabled Peoples Association) and discuss about outcome and process of training every 4 months.

We hold to fine volunteer every 6months and promoting education for PWDs to go to school and promoting accessibilities to school for PWDs as possible.

## **12. Next steps**

Continue to do the action plan next step by step

## **13. Experience**

My experience during training course in Japan

From I saw and visited many places it is make me impress and sad in Japan at Hiroshima, but many place is very important for me to know how is going on in Japan, I learn a lot in Japan about management individual, volunteer, personal assistant, accessibilities transportation for PWDs, Japanese culture, how to write proposal, Japanese people home visit, law to protect PWDs in Japan, workshop skill and some things elt, all of this is teach me and make me to be strong to use power right of disabilities to fine a good way and help PWDs in my county

I'm very sad when I met the girl to told her story in Second World War, Because war is not good way out, it is make both way be hide them to lost things their love every much and can't give back forever.

I'm very happy with Japan 61 years, after Second World War Japan is develop fast to improve the county and choose peace is good way out.

## Need of project for sharing, seminars, training

No	Description	number of pason	day	unit price	total
1	Material for training		1	\$50	\$50
2	Rent place		1	\$50	\$50
3	Runing course		100	\$2	\$200
4	Lunch meal		1	\$80	\$80
5	Total				\$380

## Need of project start workshop

This is equipments for activities produce products

No	Description	Equipments	month	unit price	total
	wood making				
1	wood machin diffirent 3 types	1+1+1 = 3	1year	\$300	\$900
2	Equipments		1year	\$800	\$800
3	Material		1year	\$500	\$500
	Total				\$2,200
	Sewing making				
1	Sewing machin different 2 kinds	2+1= 3	1year	\$1,000	\$1,000
2	Equipments		1year	\$500	\$500
3	Material		1year	\$300	\$300
	Total				\$1,800
	Candle making				
1	Equipments		1year	\$500	\$500
2	Material		1year	\$1,000	\$1,000
	Total				\$1,500
	Paper making				
1	Paper machin		1 1year	?	
2	Equipments		1year	\$600	\$600
3	Material		1year	\$200	\$500
	Total				\$1,100
	Total for workshop				\$6,600

## Need of project start workshop

This is equipments and place for office workshop

No	Description	Equipments	month	unit price	total
1	Rent place for workshop		12	\$150	\$1,800
2	Computer	1	12	\$500	\$500
3	Office table	2	12	\$50	\$100
4	Telephone	1	12	\$120	\$120
5	Cabord	1	12	\$50	\$50
6	Chair for worker	14	12	\$15	\$210

7	Office supprie		12	\$300	\$300
8	Printer	1	12	\$70	\$70
9	Copy machin	1	12	\$1,000	\$1,000
10	Digital camera	1	12	\$200	\$200
11	Namal table for wood,sewing,paper,candle	5	12	\$50	\$250
12	Total				\$4,600

## Need of project start workshop

This is salary staff at office workshop

No	Position	person	month	unit price	total
1	Manager	1	12	\$150	\$1,800
2	Assistant	1	12	\$100	\$1,200
3	Staff	2	12	\$70	\$1,680
4	workers	10	12	\$40	\$4,800
5	Gas for frienly service	3	6	\$270	\$1,620
	Total				\$11,100

## Need of project start workshop

This is expend at office workshop

No	Description	person	month	unit price	total
1	Talephone bill		12	\$40	\$480
2	Electrice bill		12	\$60	\$720
3	Water bill		12	\$20	\$240
4	Repair equipments		12	\$20	\$240
5	Welfear for staff and worker		12	\$140	\$1,680
6	Runing for workshop		12	\$50	\$600
7	Group sharing for PWDs		12	\$50	\$600
8	Miscellaneous cost		12	\$70	\$840
9	Total				\$5,400

Total of the friendly service and workshop equipments about

\$28,080

We will try to find donation, fundraisings com to supports this my action plan from

Handicap international NGO in Laos

Fee from PWDs who use PA service or PWDs parents

Some private company in Laos

JICA Organization

Sell things at handicraft workshop

All of this if possible

Tooes equipments of the project I will try to use secon hand machin

but situation in my country it is difficult to find it because almost things for electric we are import frome another country.