



TRAINING AND DIALOGUE PROGRAMS

GENERAL INFORMATION ON

Intellectual Disability in Community Activity 集団研修「地域活動としての知的障害者支援」 *JFY 2009*

<Type: Solution Creation / 類型: 課題解決促進型>

NO. J0900661 / ID.0980956

April 2009 to January 2010

Core Phase in Japan and in the Third Country: June 4 to August 1, 2009

This information pertains to one of the Training and Dialogue Programs of the Japan International Cooperation Agency (JICA), which shall be implemented as part of the Official Development Assistance of the Government of Japan based on bilateral agreement between both Governments.

I. Concept

Background

It is said that only 1% can reach the specialized supports among all the People with Intellectual Disabilities (PWID) in Developing Countries. That is because securing financial resources to the supports can not be expected. Furthermore, many of local residents do not respect human rights of PWID, and therefore, the quality of their lives remains low.

Under this situation, it is required to consider to establish a system of supports for PWID with the following aspects:

- which does not cause regular expenses,
- which may target on all the people who need supports (all PWID), and
- which can promote the local residents' understandings to PWID.

The system which satisfies all the requirements mentioned above is "Support to PWID among Local Residents".

For what?

This program is intended:

1. to analyze the Situation of PWID in the respective countries / areas,
2. to introduce the Situation of PWID in Japan,
3. to analyze the Community approach to support PWID in developing countries, and
4. to formulate/ implement an Action Plan to improve the situation of PWID in the countries / areas

For whom?

This program is offered to executive personnel who are responsible for field programs for community development, social welfares (especially welfare for persons with disabilities), community health, or Community Based Rehabilitation (CBR) centers for persons with disabilities.

How?

This program is consisted of three parts, which are Preliminary Phase, Core Phase and Finalization Phase, and participants shall have following opportunities and assignments each.

<Preliminary Phase in respective home country>

- Preparation of Inception Report

<Core Phase>

In Japan

- Lectures, Dialogues, Case Studies and Field Studies
- Presentation of Inception Report
- Management skills
- Individual Trainings

In the Third Country (Cambodia)

- Discussion and Field Studies
- Submission of the Interim Report (Action Plan)

<Finalization Phase in respective home country>

- Implementation of Action Plan
- Report the progress

II. Description

1. Title (J-No.): Intellectual Disability in Community Activity (J0900661)

2. Period of program

Duration of whole program: April 2009 to January 2010

Preliminary Phase: April 2009 to May 2009

(in a participant's home country)

Core Phase in Japan /Third Country (Cambodia): June 4 2009 to August 1 2009

Finalization Phase: August 2009 to January 2010

(in a participant's home country)

3. Target Regions or Countries

China, Jamaica, Jordan, the Philippines, Cambodia, Bangladesh, Nepal, Costa Rica, and Columbia

4. Eligible / Target Organization

National/Local Organizations which conducts field programs for community development, social welfares (especially welfare for persons with disabilities), community health, or Community Based Rehabilitation (CBR) centers for persons with disabilities.

Executive personnel who are responsible for those programs are recommended.

5. Total Number of Participants

11 participants

6. Language to be used in this program: English

7. Program Objective:

Action Plan including Community Approach is formulated, shared among organization where the participant belongs to, and implemented.

8. Overall Goal

Through community approach, Quality of Life (QOL) of Persons with Intellectual Disabilities (PWID) in a community is improved.

9. Expected Module Output and Contents:

This program is consisted of the following three Phases. Details on each Phase are given below:

(1) Preliminary Phase in a participant's home country (April 2009 to May 2009) <i>Participating organizations make required preparation for the Program in the respective country.</i>	
Expected Module Output	Activities
Inception Report is formulated	Formulation and submission of Inception Report

(2) Core Phase in Japan and in the Third Country (Cambodia) (June 4, 2009 to August 1, 2009) <i>Participants dispatched by the organizations attend the Program implemented in Japan and in the Third Country (Cambodia).</i>		
Expected Module Output	Subjects/Agendas	Methodology
Situation of PWID in the respective countries / areas	Analyze 1. Their life, 2. Support and resources available	Workshop
Situation of PWID in Japan	1. Advocacy, 2. Community living, 3. Services for PWID	Lectures, Field visit
Community approach to support PWID in developing countries	1. CBR 2. Community approach to support PWID in Cambodia and Bangladesh 3. PLA	Lectures, Workshop
Formulate an Action Plan to improve the situation of PWID in the countries / areas	1. Group activity 2. Evaluation 3. Individual plan	Workshop, Discussion

(3)Finalization Phase in a participant's home country (August 2009 to January 2010) <i>Participating organizations produce final outputs by making use of results brought back by participants. This phase marks the end of the Program.</i>	
Expected Module Output	Activities
To formulate final report which describes progress of activities related to Action Plan.	Participants are requested to implement Action Plan after returning to home countries and submit its Final Report by January 2010.

<Structure of the program>

Phase(Period)	Activities
Core Phase in Japan (June 4 2009 to July 17 2009)	<ul style="list-style-type: none"> ● Analyze the situation of PWD in respective countries ● Lectures and field visit on: <ul style="list-style-type: none"> -- Japanese law, system and services for PWID -- Early finding -- Inclusive education -- Special needs education -- Autism -- Rehabilitation -- Advocacy -- Parents association -- Civil society movement -- Promoting employment -- Self advocacy, marriage life -- Independent living -- CBR ● Small group training focused on each individual's needs. ● Study trip to observe activities in other areas ● Management skills(Participatory Learning and Action)
Core Phase in Cambodia (July 20 2009 to July 31 2009)	<ul style="list-style-type: none"> ● Lectures on history, economy, life of PWD and community approach to support PWD in the country. ● Field visits ● Exercise (PLA) ● Formulate an action plan ● Evaluation

III. Conditions and Procedures for Application

1. Expectations for the Participating Organizations:

- (1) This program is designed primarily for organizations that intend to address specific issues or problems identified in their operation. Participating organizations are expected to use the project for those specific purposes.
- (2) This program is enriched with contents and facilitation schemes specially developed in collaboration with relevant prominent organizations in Japan. These special features enable the project to meet specific requirements of applying organizations and effectively facilitate them toward solutions for the issues and problems.
- (3) As this program is designed to facilitate organizations to come up with concrete solutions for their issues, participating organizations are expected to make due preparation before dispatching their participants to Japan by carrying out the activities of the Preliminary Phase described in section II-9.
- (4) Participating organizations are also expected to make the best use of the results achieved by their participants in Japan by carrying out the activities of the Finalization Phase described in section II-9.

2. Nominee Qualifications:

Applying Organizations are expected to select nominees who meet the following qualifications.

(1) Essential Qualifications

- 1) be nominated by their government in accordance with the procedures,
- 2) be personnel who are responsible for administration, planning and implementation of field programs for community development, social welfare (especially welfare of persons with disabilities), community health, or Community-Based Rehabilitation (CBR) centers for persons with intellectual disabilities,
- 3) be expected to continue his/ her duty on his/her return,
- 4) have a good command of spoken and written English,
- 5) be in good health, both physically and mentally, to undergo the training,
※Pregnancy : Pregnant participants are strictly requested to complete the required procedures before departure in order to minimize the risk for their health. The procedures include ①letter of the participant's consent to bear economic and physical risks ②letter of permission from the participant's supervisor ③letter of consent from your Embassy in Japan, ④medical certificate. Please ask National Staffs in JICA office for the details.
- 6) not be serving in the military, and
- 7) not have participated in this training course in the past.

(2) Recommendable Qualifications

- 1) have minimum of three years of experiences as an NGO project manager/coordinator, and
- 2) be more than 30 years of age with university diploma or equivalent academic background.

3. Required Documents for Application

- (1) Application Form:** The Application Form is available at the respective country's JICA office or the Embassy of Japan.
- (2) Nominee's English Score Sheet:** to be submitted with the application form. If you have any official documentation of English ability (e.g., TOEFL, TOEIC, IELTS), please attach it (or a copy) to the application form.
- (3) Questionnaire:** to be submitted with the application form. Fill in **ANNEX 1** of this General Information, and submit it along with the Nomination Form.

4. Procedure for Application and Selection :

(1) Submitting the Application Documents:

Closing date for application to the JICA Center in JAPAN: **April 17, 2009**

Note: Please confirm the closing date set by the respective country's JICA office or Embassy of Japan of your country to meet the final date in Japan.

(2) Selection:

After receiving the document(s) through due administrative procedures in the respective government, the respective country's JICA office (or Japanese Embassy) shall conduct screenings, and send the documents to the JICA Center in charge in Japan, which organizes this project. Selection shall be made by the JICA Center in consultation with the organizations concerned in Japan based on submitted documents according to qualifications. *The organization with intention to utilize the opportunity of this program will be highly valued in the selection.*

(3) Notice of Acceptance

Notification of results shall be made by the respective country's JICA office (or Embassy of Japan) to the respective Government by **not later than May 1, 2009.**

5. Document(s) to be submitted by accepted participants:

(1) Inception Report

Participants are kindly requested to prepare Inception Report (**ANNEX 2**). The reports must be typewritten in a double-spaced format.

(2)Deadline for Submission

The participants should prepare an Inception Report before coming to Japan. The submissions should be sent to JICA and Japan International Cooperation Center (JICE) and The Japan League on Developmental Disabilities (JLDD) by **May 15, 2009**, preferably by e-mail to ticthd@jica.go.jp, jicatic-jice@jica.go.jp and jlmr@ca.mbn.or.jp.

6. Conditions for Attendance:

- (1) to observe the schedule of the program,
- (2) not to change the program subjects or extend the period of stay in Japan,
- (3) not to bring any members of their family,
- (4) to return to their home countries at the end of the program in Japan according to the travel schedule designated by JICA,
- (5) to refrain from engaging in political activities, or any form of employment for profit or gain,
- (6) to observe the rules and regulations of their place of accommodation and not to change the accommodation designated by JICA, and
- (7) to participate the whole program including a preparatory phase prior to the program in Japan. Applying organizations, after receiving notice of acceptance for their nominees, are expected to carry out the actions described in section□-9 and section□-4.

IV. Administrative Arrangements

1. Organizer: JICA Tokyo International Center

ticthd@jica.go.jp, jicatic-jice@jica.go.jp

2. Implementing Partner: The Japan League on Developmental Disabilities (JLDD)

jlmr@ca.mbn.or.jp, jlid0509@mocha.ocn.ne.jp

(3)Remark:

JLDD, established in 1974, is an incorporated joint non-governmental organization composed of four national associations of teachers, care workers and researchers for people with intellectual disabilities (PWID). It aims to improve education and welfare services for PWID through cooperation among member NGOs and exchange of ideas, human resources and information throughout the world.

JLDD has recently established website, cooperated with JICA, aiming 1) to share information among ex-participants, 2) to develop the network of ex-participants. Any candidate organization / personnel can access it freely, except the member's list, and can get information regarding this training course.

URL: <http://www.gttd.net/>

3. Travel to Japan / :to the Third Country

(1) **Air Ticket:** The following cost of the air ticket will be borne by JICA:

- ① Between an international airport in respective country designated by JICA and Japan
- ② Between Japan and Cambodia
- ③ Between Cambodia and an international airport in respective country designated by JICA

4. **Travel Insurance:** Term of Insurance: From arrival in Japan to departure from Cambodia. The traveling time outside Japan and Cambodia shall not be covered.

5. Accommodation in Japan:

JICA will arrange the following accommodations for the participants in Japan:

JICA Tokyo International Center (JICA TOKYO)

Address: 2-49-5 Nishihara, Shibuya-ku, Tokyo 151-0066, Japan

TEL: 81-3-3485-7051 FAX: 81-3-3485-7904

(where "81" is the country code for Japan, and "3" is the local area code)

If there is no vacancy at JICA TOKYO, JICA will arrange alternative accommodations for the participants. Please refer to facility guide of TIC at its URL,

<http://www.jica.go.jp/english/contact/domestic/pdf/welcome.pdf>

6. Expenses:

The following expenses will be provided for the participants by JICA:

- (1) Allowances for accommodation, living expenses, outfit, and shipping
- (2) Expenses for study tours (basically in the form of train tickets).
- (3) Free medical care for participants who become ill in Japan and in Cambodia (costs related to pre-existing illness, pregnancy, or dental treatment are not included)
- (4) Expenses for program implementation, including materials

For more details, please see p. 9-16 of the brochure for participants titled "KENSU-IN GUIDE BOOK," which will be given to the selected participants before (or at the time of) the pre-departure orientation.

7. Pre-departure Orientation:

A pre-departure orientation will be held at the respective country's JICA office (or Japanese Embassy), to provide participants with details on travel to Japan, conditions of the workshop, and other matters.

8. Others:

- (1) For those who need any help, let us know the conditions with application documents.

V. Other Information

Visa for Cambodia will be arranged and issued in participants' respective countries. If participants have difficulty to apply in their countries, it will be applied and issued in Japan.

VI. ANNEX:

ANNEX 1

Intellectual Disability in Community Activities

Questionnaire

All applicants are required to fill in this form and submit it together with the Application Form to the JICA local office or the Embassy of Japan. (Please type or write in clear letters.)

1. Name:
2. Country:
3. Organization/Position
4. Experience in fields and project/s
Please describe the project/s you have been engaged in.
 - 1) Community Development:
 - 2) Community Health:
 - 3) Community Based Program for PWD
 - 4) Social Welfare
5. Please describe if you have any knowledge on Intellectual Disability such as:
 - 1) Characteristics of PWID
 - 2) Law for PWID
 - 3) Service for PWID such as welfare, education and so on
 - 4) Situation of PWID in your country/area
 - 5) Others

Intellectual Disability in Community Activities

Inception Report

Participants are requested to send an Inception Report to JICA Tokyo and Japan International Cooperation Center (JICE) and The Japan League on Developmental Disabilities (JLDD) **by May 15 2009**, preferably by e-mail to ticthd@jica.go.jp, jicatic-jice@jica.go.jp and jlmr@ca.mbn.or.jp.

The main objective of the Inception Report scheduled at the beginning of the program is to promote mutual understandings. Participants are expected to share the activities of each participant or each country. They are also expected to clarify the problems and set up objectives for each through Inception Report writing. It should be typewritten on A4 size paper, between 5 to 10 pages.

1. General Information

- (1) Name of Country
- (2) Area (sq. km)
- (3) Population (population in rural and urban area)
- (4) Life expectancy
- (5) Infant mortality rate
- (6) Maternal mortality rate
- (7) Literacy rate
- (8) Education (Compulsory)
- (9) Unemployment rate
- (10) Laws concerned with persons with Intellectual Disabilities
- (11) Financial assistance for persons with Intellectual Disabilities

2. Outline of your organization

- (1) Background, vision, strategy, activity
- (2) Major programs, covered areas, and target population of your organization
- (3) Target group, number of beneficiaries
- (4) Your position and duty

3. Community Development program which include Intellectual Disability issue as one of the activities.(If you know any)

Please pick up a case projects or programs in your country, with which you or your organization has been associated, and describe its outline and analyze its performance referring to items listed below.

- (1) Outline of the project or program
 - a) Goal or purpose
 - b) Expected outputs
 - c) Inputs of the implementing organization
 - d) Inputs of the Community
 - e) Inputs of external agents
 - f) Budget and period

- (2) Activities and Consequence
 - a) The results/consequence (What has happened or been achieved?)
 - b) Strength and weakness (Good points and the major problems)
 - c) Process of monitoring and evaluation

4. Intellectual Disabilities in your country

Please explain briefly on I.D. in your country regarding the items shown as below.

- (1) The present services for I.D. offered by both government/NGOs.
- (2) The respective roles of government, NGOs, and residents (people in the community).

5. Situation of Persons with Intellectual Disabilities

Describe as much as you know

- (1) Finding & Diagnosis of I.D., Early Intervention
 - a) Prevalence of I.D in your country/district.
 - b) Persons/professionals responsible to diagnoses (doctors or health workers or social workers....)
 - c) Procedure after diagnosis

- (2) Education
 - a) Percentage of children with I.D. who attend school
 - b) Type of education for children with I.D.; Special education, or Integrated education?
 - c) Placement procedure

- (3) Vocational training
 - a) Do I.D. people receive vocational training? If not, what is the reason?

- (4) Support organizations
 - a) Governmental agencies concerned with I.D. people.
 - b) Number of non-governmental organizations concerned with I.D. people.

6. Based on the information of above items 1-5., please explain the issues/problems to solve in order to conduct effective supports to I.D. people.

For Your Reference

JICA and Capacity Development

The key concept underpinning JICA operations since its establishment in 1974 has been the conviction that “capacity development” is central to the socioeconomic development of any country, regardless of the specific operational scheme one may be undertaking, i.e. expert assignments, development projects, development study projects, training programs, JOCV programs, etc.

Within this wide range of programs, Training Programs have long occupied an important place in JICA operations. Conducted in Japan, they provide partner countries with opportunities to acquire practical knowledge accumulated in Japanese society. Participants dispatched by partner countries might find useful knowledge and re-create their own knowledge for enhancement of their own capacity or that of the organization and society to which they belong.

About 460 pre-organized programs cover a wide range of professional fields, ranging from education, health, infrastructure, energy, trade and finance, to agriculture, rural development, gender mainstreaming, and environmental protection. A variety of programs are being customized to address the specific needs of different target organizations, such as policy-making organizations, service provision organizations, as well as research and academic institutions. Some programs are organized to target a certain group of countries with similar developmental challenges.

Japanese Development Experience

Japan was the first non-Western country to successfully modernize its society and industrialize its economy. At the core of this process, which started more than 140 years ago, was the “*adopt and adapt*” concept by which a wide range of appropriate skills and knowledge have been imported from developed countries; these skills and knowledge have been adapted and/or improved using local skills, knowledge and initiatives. They finally became internalized in Japanese society to suit its local needs and conditions.

From engineering technology to production management methods, most of the know-how that has enabled Japan to become what it is today has emanated from this “*adoption and adaptation*” process, which, of course, has been accompanied by countless failures and errors behind the success stories. We presume that such experiences, both successful and unsuccessful, will be useful to our partners who are trying to address the challenges currently faced by developing countries.

However, it is rather challenging to share with our partners this whole body of Japan’s developmental experience. This difficulty has to do, in part, with the challenge of explaining a body of “tacit knowledge,” a type of knowledge that cannot fully be expressed in words or numbers. Adding to this difficulty are the social and cultural systems of Japan that vastly differ from those of other Western industrialized countries, and hence still remain unfamiliar to many partner countries. Simply stated, coming to Japan might be one way of overcoming such a cultural gap.

JICA, therefore, would like to invite as many leaders of partner countries as possible to come and visit us, to mingle with the Japanese people, and witness the advantages as well as the disadvantages of Japanese systems, so that integration of their findings might help them reach their developmental objectives.



CORRESPONDENCE

For enquiries and further information, please contact the JICA office or the Embassy of Japan. Further, address correspondence to:

JICA Tokyo International Center (JICA TOKYO)

Address: 2-49-5 Nishihara, Shibuya-ku, Tokyo 151-0066, Japan

TEL: +81-3-3485-7051 FAX: +81-3-3485-7904