

INFORMATION  
ON  
THE PROGRAM FOR  
*INTELLECTUAL DISABILITY IN COMMUNITY  
ACTIVITIES*  
*JFY 2007*

**集団研修：地域活動としての知的障害者支援**

COURSE NO. : J-07-00673

Project No. : 0780956

May 17, 2007 - July 27, 2007



THE GOVERNMENT OF JAPAN  
JAPAN INTERNATIONAL COOPERATION AGENCY



# *Preface*

The Japanese Government extends official development assistance (ODA) to developing countries to support self-help efforts that will lead to economic progress and a better life for the citizens of those countries.

Since its foundation in 1974, the Japan International Cooperation Agency (JICA) has implemented Japan's technical cooperation under the ODA program.

Currently, JICA conducts such activities as training, dispatch of experts, provision of equipment, project-type technical cooperation, development study, dispatch of cooperation volunteers (JOCV), survey and administration of capital grant aid programs.

The training program for overseas participants is one of JICA's fundamental technical cooperation activities for developing countries. Participants come from overseas in order to obtain knowledge and technology in a wide variety of fields.

The objectives of the JICA training program are:

- (1) to contribute to the development of human resources who will promote the advancement of developing countries, and
- (2) to contribute to the promotion of mutual understanding and friendship.

This course in **Intellectual Disability in Community Activities** aims (1) to enhance participants' knowledge upon intellectual disabilities, (2) to introduce them various services for people with intellectual disabilities in Japan and other countries, and (3) to give them opportunity of exchanging opinions with each other in order to help them provide better services or develop better systems for people with intellectual disabilities in their respective countries.

We have established HP providing for the purposes of 1) sharing information among ex-participants, 2) developing the network of ex-participants. You can access it freely except the member's list, and can get information regarding the training course. URL: <http://www.gttd.net/>

# I. ESSENTIAL FACTS

Course Title (No.)	Intellectual Disability in Community Activities (J-07-00673)
Duration	May 17, 2007 - July 27, 2007
Deadline for Application	March 19, 2007 for acceptance of the JICA local office (or the Embassy of Japan)
Number of Participants	8
Language	English
Target Group	Executive managers/officials/coordinators responsible for administration, planning and implementation of field programs from either local/national NGO for community development, social welfares (especially welfare of persons with disabilities), community health, or a Community Based Rehabilitation (CBR) center for persons with disabilities.
Course Outcome	Through community approach, Quality of Life (QOL) of Persons with Intellectual Disabilities (PWID) in a community is improved.
Course Output	<ol style="list-style-type: none"> <li>1. To introduce the Support system for PWID in Japan</li> <li>2. To analyze the Situation of PWID in the respective countries (areas)</li> <li>3. To formulate an Action Plan to improve the situation of PWID in the countries</li> </ol>
Training Institution	<p><b>1. JICA Tokyo International Center</b> Address : 2-49-5, Nishihara, Shibuya-ku, Tokyo 151-0066, Japan TEL : 81-3-3485-7051 FAX : 81-3-3485-7904 (81 : country code for Japan, 3: area code)</p> <p><b>2. The Japan League on Developmental Disabilities (JLDD)</b> Address :4F, Route Idabashi Building, 2-4-3 Idabashi, Chiyoda-ku, Tokyo, Japan TEL : 81-3-5275-1128 FAX : 81-3-5275-1205 (81 : country code for Japan, 3 : area code)</p> <p>JLDD, established in 1974, is an incorporated joint non-governmental organization composed of four national associations of teachers, care workers and researchers for people with intellectual disabilities. It aims to improve education and welfare services for people with intellectual disabilities through cooperation among member NGOs and exchange of ideas, human resources and information throughout the world.</p>
Accommodations	<p><b>Tokyo International Center (JICA TOKYO)</b> Address : 2-49-5, Nishihara, Shibuya-ku, Tokyo 151-0066, Japan TEL : 81-3-3485-7051 FAX : 81-3-3485-7904 (81 : country code for Japan, 3: area code)</p> <p>If no room is available at JICA TOKYO, JICA will arrange accommodations for participants at other appropriate places.</p>
Allowances & Expenses	<p>The Government of Japan provides the following allowances and covers the following expenses through JICA in accordance with relevant laws and regulations.</p> <p>Details : Round-trip air ticket between an international airport designated by JICA and Japan and Japan via Cambodia, accommodation allowance, living allowance, outfit allowance, shipping allowance, expenses for JICA study tours, free medical care for participants who become ill after arrival in JAPAN (costs related to preexisting illness, pregnancy and dental treatment are not included), etc.</p>

## II. CURRICULUM

The program of the course in “Intellectual Disabilities II- Inclusion of Intellectual Disability into Community Development -” consists of the following three (3) stages.

Stage (Period)	Activities
Preliminary Program in home country (Feb. 2007 – Mar. 2007)	1. Submission of the Inception Report
Program in Japan (May 17, 2007 – July 16, 2007)	2. A series of lectures, dialogues, case studies and field studies 3. Presentation of Inception Report 4. Management skills 5. Individual Training
Program in Cambodia (July 17, 2007 – July 27, 2007)	6. Discussion and field studies 7. Submission of the Interim Report (Action Plan) 8. Evaluation
Program in home country (Aug. 2007 – Jan. 2008)	9. Submission of the Final Report 10. Certification and Finalization

### COURSE DETAILS (Please note that this is a provisional curriculum.)

#### **Stage 1 : Preliminary Program in Home Country (February 2007 – March 2007)**

(1) Submission of the Inception Report

Purpose: In preparation for the program, each applicant is required to write the Inception Report on the subjects given in ANNEX II. The main objective of the report is to clarify problems related to the disability in home country and set up own objectives of the training course.

Submission: by **March 19, 2007** together with the Nomination Form (A2 A3 Form) to JICA local office (or Embassy of Japan). It should be typewritten on A4 size paper, between 5 to 10 pages.

Note: Participants will make a presentation during the course based on this Inception Report. Make sure to bring the report by data in floppy disks, USB memory sticks, or CD-ROMs. For the presentation, audiovisual aids, such as Power Point, a video player, slide projector, OHC and OHP are available.

#### **Stage 2-1 : Program in Japan (May 17, 2007 – July 16, 2007)**

(2) Lectures, Visits, and Practice: Participants

- 1) Are provided with opportunities to learn about PWID and Japanese system to support them.
- 2) Are requested to analyze situation of PWID and resource to improve it in their country/area.
- 3) Will discuss on inclusion of the Intellectual Disability into Community Development.

#### **Stage 2-2: Program in Cambodia (July 17, 2006 – July 27, 2007)**

(3) Lectures, Visits, and Presentation: Participants

- 1) Will learn community programs in rural areas.
- 2) Will exercise PLA in a village.

At the end of the Program in Cambodia, all participants are required to prepare an Action Plan of project

which supports persons with intellectual disabilities through community approach offered by their organizations.

### **Stage 3 Program in Home Country (August 2007 – January 2008)**

#### **(4) Submission of the Final Report (Program in home country)**

**Purpose:** On their return to the home country all participants are expected to carry out a project of the employment promotion of persons with disabilities in their organizations. Within five (5) months of their return, it is required to submit the Final Report to JICA and inform the progress of the project. You may attach relative information, articles, media coverage of your organization, government and JICA office if necessary. The report should be submitted both in written form by post and also by e-mail to JICA TOKYO.

**Address: 49-5, Nishihara 2-chome, Shibuya-ku, Tokyo 151-0066, Japan**

**Mail to : ticthd@jica.go.jp, the program officer, JICA Tokyo International Center.**

#### **(5) Certification and Finalization**

Please note that this course does not complete only in Japan but the participants are expected to report and carry out their plan in their home country. The certificate will be sent by post to each participant by JICA upon successful completion of the Final Report.

Implementation of the project shall be supported by JICA within the frame-work of “soft typed follow-up program” upon the agreement of both parties. The scheme shall be applied to such activities, upon their requests, as a workshop, a further study and materials development which are necessary to disseminate or up-scale the contents of the Final Report.

### **III. REQUIREMENTS FOR APPLICATION**

Applicants should :

- (1) be nominated by their government in accordance with the procedures mentioned in IV. below,
- (2) be executive managers/officials/coordinators responsible for administration, planning and implementation of field programs from either local/national NGO for community development, social welfare (especially welfare of persons with disabilities), community health, or a Community-Based Rehabilitation (CBR) center for persons with intellectual disabilities,
- (3) be expected to continue his/her duty on his/her return,
- (4) have a minimum of three years of experiences as an NGO project manager/coordinator,
- (5) be more than 30 years of age with university diploma or equivalent academic background,  
\* However those who have appropriate and sufficient experiences without academic background can be selected to this course.
- (6) have a good command of spoken and written English,
- (7) be in good health, both physically and mentally, to undergo the training,  
\* As the schedule of this course includes many observation trips that would be too demanding for pregnant women, pregnancy is regarded as a disqualifying condition for participation in this training course,
- (8) not be serving in the military, and
- (9) not have participated in this training course in the past.

#### **ATTENTION**

Participants are required ;

- (1) not to change course subjects or extend the course period,
- (2) not to bring any members of their family,
- (3) to return to their home countries at the end of their course according to the international travel schedule designated by JICA,
- (4) to refrain from engaging in political activities or any form of employment for profit or gain, and
- (5) to observe the rules and regulations of their place of accommodation and not to change accommodations designated by JICA.

### **IV. PROCEDURE FOR APPLICATION**

1. Government desiring to nominate applicants for the course should fill in and forward one(1) original and three (3) copies of the Nomination Form (Form A2A3) for each applicant, to JICA office (or the Embassy of Japan) by **March 19, 2007**
2. JICA office (or the Embassy of Japan) will inform the applying government whether or not the nominee's application has been accepted no later than **April 17, 2007**
3. Applicants are requested to submit the Questionnaire (ANNEX I) and Inception Report (ANNEX II) together with the nomination form. Additional sheets or paper of A4 size may be used for the Inception Report, if necessary. However, the Inception Report should be within 10 Pages in total. Participants will be requested to present their Inception Report during the training program.

Note: The Questionnaire (ANNEX I) and Inception Report (ANNEX II) are indispensable for selection of the applicants. Please submit both documents together with the Nomination Form. Otherwise, the applicants will not be considered for selection.

## ***V. OTHER MATTERS***

1. Pre-departure orientation is held at JICA overseas offices (or the Embassy of Japan) to provide the selected candidates with the details of travel to Japan, conditions of training, and other matters. Participants will watch a video "TRAINING IN JAPAN" and receive a textbook and a cassette tape "SIMPLE CONVERSATION IN JAPANESE". A brochure "KENSHUIN GUIDEBOOK" will be handed to each selected candidate before (or in the time of) the pre-departure orientation.
2. Textbooks in Braille are available for participants with visual impairment.
3. ASL interpreters are available for participants with hearing impairment.
4. Visa to Cambodia will be applied and issued in Japan.

## **Intellectual Disability in Community Activities (JFY 2007)**

### *Questionnaire*

All the applicants are required to fill in this form and detach it, and submit together with the Nomination Form to the JICA local office or the Embassy of Japan.

1. Name:
2. Country:
3. Organization/Position
4. Experience in fields and project/s  
Please describe the project/s you were engaged in, in the fields mentioned below.
  - 1) Community Development:
  
  - 2) Community Health:
  
  - 3) Community Based Program for PWD
  
  - 4) Social Welfare
5. Please describe if you have any knowledge on Intellectual Disability such as:
  - 1) Characteristics of PWID
  
  - 2) Law for PWID
  
  - 3) Service for PWID such as welfare, education and so on
  
  - 4) Situation of PWID in your country/area
  
  - 5) Others

## Intellectual Disability in Community Activities

### *Inception Report*

All the applicants are required to prepare an Inception Report with the following items, and submit together with the Nomination Form to the JICA local office or the Embassy of Japan, also send by e-mail to [jicatic-jice@jica.go.jp](mailto:jicatic-jice@jica.go.jp), the training officer, JICA Tokyo International Center.

The main objective of the Inception Report scheduled at the beginning of the program is to promote mutual understandings. Participants are expected to share the activities of each participant or each country. They are also expected to clarify the problems and set up objectives for each through Inception Report writing. It should be typewritten on A4 size paper, between 5 to 10 pages.

#### 1. General Information

- (1) Name of Country
- (2) Area (sq. km)
- (3) Population (population in rural and urban area)
- (4) Life expectancy
- (5) Infant mortality rate
- (6) Maternal mortality rate
- (7) Literacy rate
- (8) Education (Compulsory)
- (9) Unemployment rate
- (10) Laws concerned with persons with Intellectual Disabilities
- (11) Financial assistance for persons with Intellectual Disabilities

#### 2. Outline of your organization

- (1) Background, vision, strategy, activity
- (2) Major programs, covered areas, and target population of your organization
- (3) Target group, number of beneficiaries
- (4) Your position and duty

#### 3. Community Development program which include Intellectual Disability issue as one of the activities.(If you know any)

Please pick up a case projects or programs in your country, with which you or your organization has been associated, and describe its outline and analyze its performance referring to items listed below.

- (1) Outline of the project or program
  - a) Goal or purpose
  - b) Expected outputs
  - c) Inputs of the implementing organization
  - d) Inputs of the Community
  - e) Inputs of external agents
  - f) Budget and period
- (2) Activities and Consequence
  - a) The results/consequence (What has happened or been achieved?)
  - b) Strength and weakness (Good points and the major problems)
  - c) Process of monitoring and evaluation

4. Intellectual Disabilities in your country

Please explain briefly on I.D. in your country regarding the items shown as below.

(12) The present services for I.D. offered by both government/NGOs.

(13) The respective roles of government, NGOs, and residents (people in the community).

5. Situation of Persons with Intellectual Disabilities

Describe as much as you know

(1) Finding & Diagnosis of I.D., Early Intervention

a) Prevalence of I.D in your country/district.

b) Persons/professionals responsible to diagnoses (doctors or health workers or social workers....)

c) Procedure after diagnosis

(2) Education

a) Percentage of children with I.D. who attend school

b) Type of education for children with I.D.; Special education, or Integrated education?

c) Placement procedure

(3) Vocational training

a) Do I.D. people receive vocational training? If not, what is the reason?

(4) Support organizations

a) Governmental agencies concerned with I.D. people.

b) Number of non-governmental organizations concerned with I.D. people.

6. Based on the information of above items 1-5., please explain the issues/problems to solve in order to conduct effective supports to I.D. people.



***CORRESPONDENCE***

For enquiries and further information, please contact the JICA office or the Embassy of Japan. Further, address correspondence to:

**Japan International Cooperation Agency (JICA)  
Tokyo International Center (JICA TOKYO)**

TEL: 81-3-3485-7051      FAX: 81-3-3485-7904

Address: 49-5, Nishihara 2-chome, Shibuya-ku, Tokyo 151-0066,  
Japan